



VOLLEYBALL

Any rules or play interpretations not discussed below will be covered by the National Federation of State High School Association Volleyball Rules Book and Official's Manual.

I. GENERAL

A. Rosters

- i. Players may play for only **one** Co-Ed team.
- ii. A team consists of 6 players. A minimum of 4 players is needed to start the game.
 1. There must be at least 2 Women at all times on the court.

II. Equipment

- A. Game balls are provided by Intramural Sports.
- B. All participants must wear proper athletic attire.

III. Timing

- A. Each match will be played to 21 points.
 - i. The team must win by 2 points.

IV. Regulations

A. The Game

- i. A coin toss shall begin the game.
- ii. The options given to the winning team are to side or service

B. Scoring

- i. The game is played scoring to 21
 1. Team must win by 2
 2. Cap of 25

C. Teams will have unlimited substitutions

- i. Players may sub for any position. Rotations: players may not serve twice within a single rotation.

V. Rule Clarifications

A. The Serve

- i. The server may stand anywhere behind (not on) the rear boundary line to serve the ball.
- ii. A "let" serve that touches the net is legal as long as it crosses over the net and lands inbounds.
- iii. Each member of a team must serve in turn, rotating clockwise 1 position.
- iv. Players on the serving team are not allowed to wave their hands, jump, form groups or perform any actions which intentionally screen or obstruct their opponent's view of the serve.

VI. Playing the Ball

- A. There are a maximum of 3 hits by a team before the ball crosses the net. The same player cannot touch the ball twice consecutively, unless the first hit was a block.
- B. Players may not touch the net.